

CLASSIC BREAKFAST

all classic breakfasts are served with hash browns & toast

THE EARLY RISER (NF/DF/GFP) | 19

choice of: apple smoked bacon, maple pork sausage
or hickory breakfast ham
two free-range eggs of your style, roasted herb tomato

TOMATO OMELETTE (NF/GFP/DFP) | 26

choice of: apple smoked bacon, maple pork sausage
or hickory breakfast ham
three free-range eggs, cream, cherry tomato,
mushroom, spinach, goat cheese
EXTRA FILLING CHOICE + 4

CHORIZO OMELETTE (NF/GFP/DFP) | 28

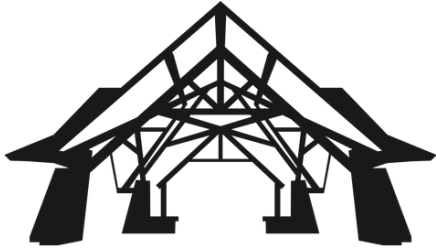
choice of: apple smoked bacon, maple pork
sausage or hickory breakfast ham
three free-range eggs, cream, cherry tomato,
mushroom, spinach, goat cheese
EXTRA FILLING CHOICE + 4

FAIRWAYS FLAPJACKS (NF/GFP) | 22

choice of: apple smoked bacon, maple pork
sausage or hickory breakfast ham
lemon ricotta pancakes, maple cream,
whipped mascarpone cream
ADD FILLING: CHOCOLATE CHIP, BLUEBERRY,
SASKATOON BERRY + 4

THE SWEET SPOT (NFP/GFP) | 25

choice of: apple smoked bacon, maple pork
sausage or hickory breakfast ham
rustic brioche bread, crème royal,
seasonal berry compote
UPGRADE TO BANANA BREAD + 4



FREDRICH
Café

EXTRAS

two slices of toast with jam + 5
four slices of smoked bacon + 8
two slices of ham + 8
three sausages + 7
one egg + 3
egg whites only + 4
bowl of mixed fruit + 10
bowl of mixed berries + 12
hollandaise sauce + 5
oatmeal & maple syrup or dried fruit + 10
yogurt parfait with fresh berries & granola + 12
potato hash browns + 5
savoury potato bits + 6
potato rosti + 6

SIGNATURE BREAKFAST

THE GRAND SLAM ROLL (NF/GFP) | 24

two french crêpes, pastry cream, seasonal berry compote,
savoury potato bits, apple smoked bacon, orange chantilly

THE CANADIAN BENEDICT (NF/GFP) | 28

prosciutto ham, wild mushrooms, two poached eggs,
english muffin, hollandaise sauce, rosti potato
SUBSTITUTE CROISSANT + 4

THE LOBSTER BENEDICT (NF/GFP) | 35

butter poached lobster, two poached eggs,
english muffin, hollandaise sauce, rosti potato
SUBSTITUTE CROISSANT + 4

THE CARNIVORE BREAKFAST (NF/GFP) | 35

two free-range eggs, 6oz hickory marinated steak,
pommes anna, béarnaise sauce, toast & jam
EXTRA FRIED MUSHROOMS & ONIONS + 5

THE CAMPFIRE BREAKFAST BOWL (GF/VEGP/VP) | 25

sweet potato hash browns, scrambled eggs,
montrey jack cheese, bacon, avocado, salsa, green onion

THE HEALTHY GOLFER

BREAKFAST BOWL (GF/NFP/DFP)

overnight chia seeds, tropical fruit, whipped coconut
milk, granola, toasted pumpkin seeds | 24
overnight oats, seasonal berries, yogurt, fried banana,
roasted sunflower seeds | 21

SALMON TOAST (NF/GFP/DFP) | 29

toasted rye bread, cream cheese, avocado, smoked
coho salmon, pickled onion, micro greens, caviar,
lemon sour cream

FRUITS & CHEESES (NFP/GFP) | 35

seasonal fruit & berries, canadian select cheeses,
artisan crackers, local honey

NOT ALL INGREDIENTS ARE LISTED ON THIS MENU

We take your dietary needs seriously. Please ask your server about options + modifications and let them know of any allergies or intolerances so that they are best able to guide your dining experience.

(DF) dairy-free (GF) gluten-free (NF) nut-free
(V) vegan (VEG) vegetarian (P) possible